



healthier snack options

Nothing Naughty Product Fact Sheet

Protein Bars

Caramel | Espresso | Fudge | Mint | Pineapple | Vanilla Bean

Gluten Free
Bar size 40g

No artificial sweeteners, flavours or colours
Protein Content 38%



Caramel Protein Bar,

Ingredients: Whey Protein Concentrate (25%), Glycerine, Brown Rice Syrup, Milk Protein Concentrate (11%), Milk Chocolate Compound,(10%) (sugar, hydrogenated vegetable fat, fat-reduced cocoa powder, whey powder, skim milk powder, emulsifier (soya lecithin) vanillin, emulsifier (E476)), Soy Crisp (10%) (Isolated Soy protein, tapioca starch), Cocoa Powder, Inulin, Sunflower Oil, Sunflower Lecithin, Natural Caramel Flavour.

Caramel Protein Bar Nutritional Information

Serving per package: 1 Serving Size: 40g

	Average Quantity per Serving	Average Quantity per 100g
Energy	671kj	1678kj
Protein	15.0g	38.0g
Gluten	0.0g	0.0g
Fat Total	3.0g	7.0g
Saturated	2.0g	4.0g
Carbohydrates	11.0g	27.0g
Sugars	5.0g	13.0g
Sodium	129mg	323mg

Fudge Protein Bar

Ingredients: Whey Protein Concentrate (25%), Glycerine, Brown Rice Syrup, Milk Protein Concentrate (11%), Milk Chocolate Compound,(10%) (sugar, hydrogenated vegetable fat, fat-reduced cocoa powder, whey powder, skim milk powder, emulsifier (soya lecithin) vanillin, emulsifier (E476)), Soy Crisp (10%) (Isolated Soy protein, tapioca starch), Cocoa Powder, Inulin, Sunflower Oil, Sunflower Lecithin, Natural Chocolate and Fudge Flavours.

Fudge Protein Bar Nutritional Information

Serving per package: 1 Serving Size: 40g

	Average Quantity per Serving	Average Quantity per 100g
Energy	663kj	1658kj
Protein	15.0g	38.0g
Gluten	0.0g	0.0g
Fat Total	3.0g	7.0g
Saturated	2.0g	5.0g
Carbohydrates	10.0g	26.0g
Sugars	5.0g	13.0g
Sodium	129mg	323mg

Espresso Protein Bar

Ingredients: Whey Protein Concentrate (25%), Glycerine, Brown Rice Syrup, Milk Protein Concentrate (11%), Milk Chocolate Compound,(10%) (sugar, hydrogenated vegetable fat, fat-reduced cocoa powder, whey powder, skim milk powder, emulsifier (soya lecithin) vanillin, emulsifier (E476)), Soy Crisp (10%) (Isolated Soy protein, tapioca starch), Cocoa Powder, Inulin, Sunflower Oil, Sunflower Lecithin, Coffee Powder, coffee flavour

Espresso Protein Bars Nutritional Information

Serving per package: 1 Serving Size: 40g

	Average Quantity per Serving	Average Quantity per 100g
Energy	569kj	1420kj
Protein	14.1g	35.2g
Gluten	0.0g	0.0g
Fat Total	2.7g	6.8g
Saturated	1.3g	3.3g
Carbohydrates	10.1g	25.2g
Sugars	5.0g	13.0g
Sodium	66mg	164mg

Protein Bars

Caramel | Espresso | Fudge | Mint | Pineapple | Vanilla Bean

Mint Protein Bar

Ingredients: Whey Protein Concentrate (25%), Glycerine, Brown Rice Syrup, Milk Protein Concentrate (11%), Milk Chocolate Compound,(10%) (sugar, hydrogenated vegetable fat, fat-reduced cocoa powder, whey powder, skim milk powder, emulsifier (soya lecithin) vanillin, emulsifier (E476)), Soy Crisp (10%) (Isolated Soy protein, tapioca starch), Cocoa Powder, Inulin, Sunflower Oil, Sunflower Lecithin, Natural Chocolate and

Mint Protein Bars Nutritional Information

Serving per package: 1 Serving Size: 40g

	Average Quantity per Serving	Average Quantity per 100g
Energy	654kj	1634kj
Protein	16.0g	39.0g
Gluten	0.0g	0.0g
Fat Total	3.0g	7.0g
Saturated	2.0g	5.0g
Carbohydrates	10.0g	26.0g
Sugars	5.0g	13.0g
Sodium	130mg	325mg

Pineapple Protein Bar Ingredients:

Whey Protein Concentrate (25%), Glycerine, Brown Rice Syrup, Milk Protein Concentrate (11%), Milk Chocolate Compound,(10%) (sugar, hydrogenated vegetable fat, fat-reduced cocoa powder, whey powder, skim milk powder, emulsifier (soya lecithin) vanillin, emulsifier (E476)), Soy Crisp (10%) (Isolated Soy protein, tapioca starch), Cocoa Powder, Inulin, Sunflower Oil, Sunflower Lecithin, Natural Pineapple Flavour and Beta Carotene.

Pineapple Protein Bar Nutritional Information

Serving per package: 1 Serving Size: 40g

	Average Quantity per Serving	Average Quantity per 100g
Energy	652kj	1630kj
Protein	16.0g	39.0g
Gluten	0.0g	0.0g
Fat Total	2.0g	6.0g
Saturated	2.0g	4.0g
Carbohydrates	9.0g	23.0g
Sugars	6.0g	15.0g
Sodium	135mg	338mg

Vanilla Bean Protein Ingredients:

Whey Protein Concentrate (25%), Glycerine, Brown Rice Syrup, Milk Protein Concentrate (11%), Milk Chocolate Compound,(10%) (sugar, hydrogenated vegetable fat, fat-reduced cocoa powder, whey powder, skim milk powder, emulsifier (soya lecithin) vanillin, emulsifier (E476)), Soy Crisp (10%) (Isolated Soy protein, tapioca starch), Cocoa Powder, Inulin, Sunflower Oil, Sunflower Lecithin, Natural Vanilla Flavour

Vanilla Bean Protein Bar Nutritional Information

Serving per package: 1 Serving Size: 40g

	Average Quantity per Serving	Average Quantity per 100g
Energy	651kj	1627kj
Protein	16.0g	39.0g
Gluten	0.0g	0.0g
Fat Total	2.0g	6.0g
Saturated	2.0g	4.0g
Carbohydrates	9.0g	22.0g
Sugars	6.0g	15.0g
Sodium	135mg	338mg

Allergen Information for all flavours

Contains: Soy and Dairy.

Made on equipment also used to manufacture cereal containing gluten, sesame seeds & tree nuts.

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Nothing Naughty Product Fact Sheet

Request Bars Low Carb

Toffee Chew | Mint Chew | Liquorice Chew

Gluten Free
Bar size 40g

2g Sugar 2g Carbs
Protein Content 14g

Toffee Chew

Ingredients: Cross flow micro filtered protein blend, (whey protein concentrate, whey protein isolate, milk protein concentrate) 38%, almonds, glycerine, fibre syrup, cocoa mass, flavour

Request Toffee Chew Bar		
Serving per package: 1 Serving Size: 40g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	671kj	1680kj
Protein	14.0g	34.9g
Gluten	0.0g	0.0g
Fat Total	5.4g	13.4g
Saturated	1.3g	3.1g
Carbohydrates	2.0g	5.0g
Sugars	1.8g	4.5g
Sodium	38mg	94mg

Mint Chew Bar

Ingredients: Cross flow micro filtered protein blend, (whey protein concentrate, whey protein isolate, milk protein concentrate) 38%, almonds, glycerine, fibre syrup, cocoa mass, flavour

Request Mint Chew Bar		
Serving per package: 1 Serving Size: 40g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	671kj	1680kj
Protein	14.0g	34.9g
Gluten	0.0g	0.0g
Fat Total	5.4g	13.4g
Saturated	1.3g	3.1g
Carbohydrates	2.0g	5.0g
Sugars	1.8g	4.5g
Sodium	38mg	94mg

Liquorice Chew Bar

Ingredients: Cross flow micro filtered protein blend, (whey protein concentrate, whey protein isolate, milk protein concentrate) 38%, almonds, glycerine, fibre syrup, cocoa mass, flavour, natural colour (carbon black)

Allergen Information

Contains: Milk products and tree nuts. May contain soy products, sesames seeds and egg products

Request Liquorice Chew Bar		
Serving per package: 1 Serving Size: 40g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	671kj	1680kj
Protein	14.0g	34.9g
Gluten	0.0g	0.0g
Fat Total	5.4g	13.4g
Saturated	1.3g	3.1g
Carbohydrates	2.0g	5.0g
Sugars	1.8g	4.5g
Sodium	38mg	94mg

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Nothing Naughty Product Fact Sheet

Fruit & Nut Bars

Apricot & Macadamia | Cashew & Cranberry

Gluten Free

No artificial sweeteners, flavours or colours

Bar size 40g



These natural vitality boosting bars, combine the great taste of antioxidant fruit, with the energy of heart friendly nuts. Crafted with simple raw ingredients, no baking, artificial flavours or colours, just the pure flavour and goodness of nature's finest.



Apricot & Macadamia Bar

Ingredients: Dates (45%), Apricots (40%) Macadamia Nuts (15%)

Allergen Information:

Contains: Sulphites and Macadamia Nuts



Cashew & Cranberry Bar

Ingredients: Dates (60%), Cranberries (20%), Cashew Nuts (20%)

Allergen Information

Contains: Sulphites and Cashew Nuts

Allergen Information All flavours

Made on equipment also used to manufacture cereal containing gluten, milk solids, sesame seeds, tree nuts, soy and peanuts

Apricot & Macadamia Fruit & Nut Bar		
Serving per package: 1 Serving Size 40g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	573kj	1432kj
Protein	1.0g	3.0g
Gluten	0.0g	0.0g
Fat	Total 5.0g	12.0g
	Saturated 1.0g	2.0g
Carbohydrates	23.0g	58g
	Sugars 16.0g	41.0g
Sodium	5mg	12mg

Cranberry & Cashew Fruit and Nut Bar		
Serving per package: 1 Serving Size: 40g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	517kj	1293kj
Protein	2.0g	5.0g
Gluten	0.0g	0.0g
Fat	Total 4.0g	10.0g
	Saturated 1.0g	2.0g
Carbohydrates	26.0g	65.0g
	Sugars 16.0g	41.0g
Sodium	6mg	16mg

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Nothing Naughty Product Fact Sheet

Fruit Bars



healthier snack options

Raspberry | Very Berry

Natures Real Energy Bar

Gluten Free **No artificial sweeteners, flavours or colour**
Bar size 35g **98% Fruit**

A simple and portable way to enjoy a delicious fruit snack anywhere, anytime! Full of the natural goodness and sweetness of fruit in a convenient take anywhere bar. Less is truly more, with no artificial sweeteners, flavours or colours, these fruit bars are purely natures own energy booster.



Raspberry Fruit Bar

Ingredients: Fruit 98% (concentrated apple puree (50%), deionised apple juice concentrate (34%), raspberry puree (14%)), citrus fibre, gelling agent (pectin), fruit & vegetable concentrates (black carrot, black currant), flavour (natural).

Raspberry Fruit Bar Nutritional Information		
Serving per package: 1 Serving Size: 40g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	522kj	1490kj
Protein	0.4g	1.0g
Gluten	0.0g	0.0g
Fat Total	0.2g	0.6g
Saturated	0.0g	0.1g
Carbohydrates	28.9g	82.6g
Natural Sugars	26.4g	75.4g
Sodium	11mg	32mg



Very Berry Bar

Ingredients: Fruit 97% (concentrated apple puree (44 %), apple juice concentrate (33%), strawberry puree (9%), blackcurrant puree (7%), raspberry puree (2%), blueberry puree (2%) citrus fibre, gelling agent (pectin), Flavours (natural),

Very Berry Nutritional Information		
Serving per package: 1 Serving Size: 35g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	500kj	1430kj
Protein	0.4g	1.1g
Gluten	0.0g	0.0g
Fat Total	0.2g	0.6g
Saturated	0.1g	0.2g
Carbohydrates	27.1g	77.4g
Natural Sugars	24.6g	70.4g
Sodium	11mg	31mg

Allergen Information All flavours

Made on equipment also used to manufacture cereal containing gluten, milk solids, sesame seeds, tree nuts, soy and peanuts

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